

2019 - 2020

MISD Physical Exams

Students participating in McKinney ISD athletics are **REQUIRED** to have a yearly physical prior to participation in tryouts, practices and games. Physicals must be on or after April 1, 2019 for participation in athletics for the 2019-2020 school year. **Physicals must be completed on the official MISD physical form.**

Day	Date	Location	Start Time	End Time
Wednesday	April 17 th	MHS	3:00 PM	6:00 PM
Wednesday	April 24 th	MNHS	3:00 PM	6:00 PM
Saturday	April 27 th	MBHS	7:00 AM	11:00 AM

Cost: \$20 - CASH ONLY

Student athletes on reduced lunch will be offered physicals for \$10, and free lunch students will receive a physical at a cost of \$5.

Cardiac Testing: See below for details

Attire: Shorts and T-Shirts

Females (Sports Bra)

Forms: Physical forms are lavender.

Outside of the three days provided by McKinney ISD, students are expected to get a physical on their own as we do not offer a makeup or second physical day on any campuses.

Physicals must be completed on the official MISD physical form.

McKinney ISD offers families a special opportunity to schedule EKG & Echocardiogram screening on Saturday, April 6th, 2019. The cost for this testing can range from \$19 to \$129 based on income level qualifications.

MISD offers (it is NOT mandatory) **electrocardiogram** (ECG) screenings on each campus on the same date as physicals through the Cody Stephens foundation (more details here: <https://bit.ly/2WbQWui>). The price is \$20 – NO APPOINTMENT NECESSARY.

For those who are interested in having their athlete undergo **echocardiogram** screening in addition to **electrocardiogram** screening, there will be appointments available through The Athletic Testing Solutions company - see the link below for details. The cost of ECG & Echo testing can be as low as \$19 based on income level qualifications. There are a limited number of testing slots available – you must make an appointment using the link below.

Visit the website below to learn more and schedule your athlete for screening.

5 Facts Every Parent Should Know to Protect & Save Your Children's Life – Click the link below!

<https://bit.ly/2S2uMv7>